



FOUNDATION FOR THE
FUTURE OF AGING

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**New ‘Facts About’ Card Released by Heinz Family Philanthropies
To Help Families In Addressing Long Term Care Issues**

Foundation for the Future of Aging Applauds Final Card in Heinz “10 Questions to Answer” Series

Washington, DC – New questions and helpful answers designed to assist families if they are not receiving the long term care they expect are now available online at www.tenquestionstoanswer.org – the latest in the Heinz Family Philanthropies *10 Questions to Answer...* series that helps families make the best long term care decisions.

“Our goal is to offer families reliable answers to even the most difficult situations related to long term care,” said Teresa Heinz, chairman of the Heinz Family Philanthropies. “Far too often families quietly suffer through less than ideal situations when access to the right facts can produce the confidence necessary to make the required changes to relieve the tremendous psychological and financial burdens that they face.”

“This is perhaps the toughest part of long term care to confront head on in a constructive way. While the vast majority of people receive safe, reliable, high quality care, for those that don’t, it weighs on the entire family. We think this particular *10 Questions to Answer...* will be of tremendous help to thousands of families out there,” said Jeffrey Lewis, president of the Heinz Family Philanthropies.

10 Questions to Answer... poses a series of questions for older adults and their families to think about when considering a whole range of issues about long term care. They provide brief answers, ideas for further consideration, and links to resources that can help families dealing with these difficult issues.

The Heinz Family Philanthropies has been producing the *Facts About* series for over five years and distributes them via index-sized laminated cards. These cards are distributed to decision-makers in the public and private sectors and the public at large. The latest iteration in this series, *10 Questions to Answer...* is available online as fact sheets and within the next 30 days will be available in the normal *Facts About* format.

Today, the Heinz Family Philanthropies releases *10 Questions to Answer... When You Are Not Happy With Your Long Term Care*, which offers information and insights to consider if your current situation is not working out. Already available at www.tenquestionstoanswer.org are:

- *10 Questions to Answer... Before You or a Your Loved One Needs Long Term Care...*
- *10 Questions to Answer... Before You or a Your Loved One Purchase Long Term Care...*



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- *10 Questions to Answer... Before Choosing a Nursing or Assisted Living Home for Your Loved One...*
- *10 Questions to Answer... Managing Your Long Term Care Services & Supports to Achieve Better Quality*

The Foundation for the Future of Aging (www.future-aging.org) is partnering with the Heinz Family Philanthropies on this project. Board Chair Jan Thayer remarked, “While the vast majority receive the safest and highest quality of care, it is vital that those families whose expectations are not being met know how to change their circumstances for the better. Having more informed and more engaged families helps the providers of long term care be more responsive as well. The *10 Questions to Answer...* series, created by the Heinz Family Philanthropies gives families the right tools to be better able to make those changes.”

Long term care encompasses a variety of medical and non-medical services provided to persons with chronic diseases or disabilities who need assistance with activities of daily living like dressing, bathing, and using the bathroom. Long term care can be provided at home, in the community, in assisted living communities, or in nursing homes.

In 2002, the Heinz Family Philanthropies introduced its *Facts About* card series, aimed at providing decision-makers with up-to-date and dependable statistical information on many complex problems that our nation faces. Since the program’s inception, more than 400,000 *Facts About* cards have been distributed to lawmakers, business professionals, civic leaders, community advocates, educators, union leaders, parents, and students.

The *10 Questions to Answer...* website (www.tenquestionstoanswer.org) now features the full complement of five *Facts About* cards on long term care.

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