



FOUNDATION FOR THE
FUTURE OF AGING

FOR IMMEDIATE RELEASE
May 20, 2009

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**Heinz Family Philanthropies Releases New ‘Facts About’ Card
Focusing on Questions Families Should Ask About Long Term Care**
Foundation for the Future of Aging Applauds Heinz “10 Questions to Answer” Series

Washington, DC – Long-term care for a loved can be a very complicated issue and quite often families do not even know where to begin, let alone the right questions to ask when they start – or when they are suddenly forced – to consider it. The Heinz Family Philanthropies (www.heinzfamily.org) is adding a new series to its *Facts About* project entitled, *10 Questions to Answer... About Long-term Care*. This new series will provide the most up-to-date, concise, accurate, and unbiased information related to important issues about long-term care. Today we are issuing the second part of the series entitled, *10 Questions to Answer Before You or a Loved One Purchase Long-Term Care...*

Long-term care encompasses a variety of medical and non-medical services provided to persons with chronic diseases or disabilities who need assistance with activities of daily living like dressing, bathing, and using the bathroom. “The *10 Questions to Answer* series poses questions for older adults and their families to consider when making decisions about long-term care. They provide brief answers and ideas for further consideration as well as links to resources that can help families dealing with these difficult issues,” said Teresa Heinz, chairman of the Heinz Family Philanthropies.

This new *10 Questions to Answer* series expands The Heinz Family Philanthropies’ on-going public information campaign. On this specific series we are joined by the Foundation for the Future of Aging. The five new fact sheets in the *10 Questions to Answer* series are:

- 10 Questions to Answer Before You or a Your Loved One Needs Long-Term Care...
These questions examine long-term care options beyond nursing home care.
- 10 Questions to Answer Before You or a Your Loved One Purchase Long-Term Care...
These questions look at the financial aspects of long-term care.
- 10 Questions to Answer Before Choosing a Nursing Home or Assisted Living...
These questions will provide a logical process for selecting a new home that best matches the needs and lifestyle, or those of a loved one.
- 10 Questions to Answer Before Managing Your Long-Term Care Services...



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These questions examine how to define what is important to a loved one when living into great old age or with a disability.

- **10 Questions to Answer When You Are Not Happy with Your Long-Term Care...**
These questions address options on how to handle situations when you think the care you are not getting is the care you want.

Jan Thayer, chairman of the Foundation for the Future of Aging (www.future-aging.org), which is partnering with the Heinz Foundation on this project explained, stated, “we are delighted to partner with the Heinz Family Philanthropies on such an important project for families as they grapple with how best to provide long-term care for their loved ones today. Our goal is to provide families with information they can use quickly and easily.”

In 2002, Heinz Family Philanthropies introduced its *Facts About* card series, aimed at providing decision-makers with up-to-date and dependable statistical information on many complex problems that face our nation. Since the program’s inception, more than 400,000 *Facts About* cards have been distributed to lawmakers, business professionals, civic leaders, community advocates, educators, union leaders, parents, and students.

Jeffrey R. Lewis, president of the Heinz Family Philanthropies, said, “*10 Questions to Answer...* is an effort to show caregivers where to look for information that is both up-to-date and unbiased all in one place.” Children of aging parents are often thrust into the long-term care world not knowing what to ask, where to call or whom to talk with. Our goal here is to begin to open the door to long term care information and to the vast set of experts and organizations – through our *10 Questions to Answer....*”

The *10 Questions to Answer* website, www.tenquestionstoanswer.org, will release each fact sheet in the series each Wednesday over the next month.

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